

**Notification Letter for Sexuality Education**



Centennial School District

Dear Parent or Guardian:

This school year, your child will receive health education through a new K-6 curriculum, The Great Body Shop, which will include human sexuality lessons. The lessons for these topics will begin after the Winter Break. We encourage you to preview the lessons during Fall conferences, or to contact your child’s teacher to learn how you can access the curriculum online through The Great Body Shop parent portal.

We would like to assure you that the lessons are appropriate for your child’s development and address important topics that can benefit their health and well-being. These lessons reflect the most current research, as well as the **Oregon and National Health Education Standards**.

Depending on your child’s grade level, age-appropriate, standards-based topics may include:

- Healthy communication
- Human reproductive systems
- Puberty
- Disease prevention
- Body image
- Gender expression and identity
- Healthy relationships
- Personal boundaries, respect, and safety

Our school district acknowledges that parents/guardians are the primary health educators for their child/children, and we are committed to working with and supporting you in this role. Parents/guardians have the option of excluding their child from any of the topics included in sexuality education instruction. If so, please fill out the exclusion form below and send it to your child’s teacher. Students who are excused will be given alternate assignments.

If you would like more information on health education and The Great Body Shop curriculum in Centennial School District, please visit our website. Go to Departments and scroll down to Curriculum & Instruction and click on the health education tab. If you have further questions, please contact your child’s teacher.

Sincerely,

Angela Hubbs  
Director Curriculum & Instruction

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I wish for my child, \_\_\_\_\_, to be excused from the following sections of this year’s sexuality education curriculum (please list):

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Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Student’s Teacher \_\_\_\_\_