

**Review of Physical Restraints and Seclusions
Centennial School District
2017/2018 School Year**

The annual Centennial School District Physical Restraint / Seclusion review was conducted on June 8, 2018 to review incident reports and debriefing notes submitted to the district office as of 6/5/18 from both in district schools and out of district public alternative placements, in accordance with district policy JBAB, revised and adopted 1/25/12 and Oregon Department of Education guidance.

Physical Restraint / Seclusion Data, by INCIDENT:

In-District Incidents (General Education & Special Class Placements)						
	Physical Restraint		Seclusion: All	Seclusions: Locked room		Students w/ one or more Incident
Elementary (Gen Ed Placement)	15		3	0		2
Secondary (Gen Ed Placement)	0		0	0		0
Parklane Supported Class (K-6)	2		0	0		1
Butler Creek Structured Skills Class (K-6)	0		0	0		0
Centennial Middle School Independent Studies Class (7-8)	0		0	0		0
Total Incidents (15 total students)	17		3	0		3

A total of three students had more than one incident of physical restraint and/or seclusion. There were no incidences of Extended Physical Restraint or Seclusions (more than 30 minutes in duration) for Centennial students' in-district placements.

Incidents by School (in Gen Ed Placement)

*Physical Restraints**: Parklane 3; Oliver 2; Powell Butte 3; Meadows 6; Pleasant Valley 1

*Seclusions**: Meadows 2; Powell Butte 1

* CSD schools not listed had no incident reports submitted

Out of District Incidents (Alternative Public School & MESD Special Class Placements)						
	Physical Restraint		Seclusion: All	Seclusions: Locked room		# of Students w/ Restraints
MESD Programs	216		104	0		15

Of the incidents reported in "Out of District" placements, a majority of these incidents involved a small number of students. These students have intensive Behavior Support Plans to reduce the risk of self-harm and injuries to others. Our Out of District Coordinator participates in the creation and review of these plans to ensure that the least intrusive amount of intervention is utilized to support any safety concerns.

Physical Restraint / Seclusion Data, by STUDENT:

2017-18 In-District Placements		By Race, Ethnicity and Gender					
Race & Ethnicity	Race						Ethnicity
	White	Black	Multiracial	American Indian / Alaskan Native	Asian	Native Hawaiian / Pacific Islander	Hispanic / Latino
District population 6,615 (# and %)	2,824 43%	469 7%	411 6%	63 1%	818 13%	167 2%	1,863 28%
# of students w/ incident of physical restraint % of total students w/ incidents <i>12 total students</i>	7 59%	4 33%	0	0	0	0	1 8%
# of students w/ incident of seclusion % of total students w/ incidents <i>3 total students</i>	2 67%	1 33%	0	0	0	0	0
Gender		Male		Female			
District population 6,719	3,364		3,251				
# of students w/ incident of physical restraint	14		3				
# of students w/ incident of seclusion	1		2				

In-District Placements 2017-18		By Disability, Migrant, English Proficiency		
	Disability (IEP or 504)	Migrant	Limited English Proficiency	
District population 6,719 (# and %)	952 14%	51 <1%	1633 24%	
# of students w/ incident of physical restraint % of total students w/ incidents <i>12 total students</i>	9 89%	0	1	
# of students w/ incident of seclusion % of total students w/ incidents <i>3 total students</i>	2 67%	0	0	
# of students w/ incident of physical restraint or seclusion <i>15 total students (combined groups from above)</i> % of total students w/ incidents in SPED	11 1%	0	1	

Data sources: Cascade Technology Alliance, 7/10/18

Review comments from data tables above:

- The use of Physical Restraint continues to be disproportional for the African-American student population. However, CSD has decreased that disproportion from 37% (2016-17 SY) to current 33%. We also must consider the relatively small number of students in this data summary (4).
- Students receiving special education services accounted for roughly 77% of all Physical Restraint and/or Seclusions incidents for the 2017-18 SY. This number has decreased from 93% for 2016-17 SY.

Summary

Total Number of Incidents and Students			
	Physical Restraint		Seclusion: All Seclusions: In a locked room
Total Number of Incidents	17		3 0
Change from previous year	same		same 0
Total Number of Students (who had one or more incident)	12		2 0

Were there any injuries resulting from use of physical restraint or seclusion?

- According to incident reports and review of required staff and student injury reports, there were two incidences of staff or student injuries requiring first aid resulting from an incident of physical restraint or seclusion. Based on review of Incident Reports, the injuries were considered minor and did not result in additional medical personnel being necessary.

Incidents of R&S by non-trained staff or non-approved techniques:

- We had 2 instances in which necessitated that untrained (NVCI) staff to perform a physical restraint on a student. I have reviewed the documentation around these restraints and fully support the staff's decision to use physical restraint in each of these situations. Each instance was brief (less than two minutes) and each student met the threshold for a "danger to themselves or others".
- There was one incident in which staff used a non-approved, floor hold on a student at Powell Butte. District staff have provided support and training to identified staff at PB to ensure this will not happen again in the future. Additional information was included in Learning Center and Special Class Manuals this year to reinforce that non-approved techniques can not be used. This will be highlighted through the NVCI initial and refresher trainings that staff receive. Administrators will also be given a reminder that non-approved techniques can not be used.

Steps to Decrease Use of Physical Restraint or Seclusion:

- We continue to see increases in the number of Physical Restraint and Seclusion numbers for our Out of District population again this year. Although roughly 90% of these incidences are for only five students, these numbers continue to present an alarming trend that needs to be addressed. Our CSD Out of District Liaison meets

regularly with MESD teams to ensure support plans are in place to reduce the need for Restraint and Seclusion and/or review placement to ensure appropriateness.

- CSD Behavior Consultant continues to meet with district NVCI trainers to identify adjustments to staff training.

Non-Violent Crisis Intervention Trained Staff:

Based on review of physical restraint and seclusion reports in district, of the 20 total incidents, two were administered by staff who do not have current NVCI training. A review of Non-Violent Crisis Intervention (NVCI) trained staff indicates that as of 6/15/17 Centennial has a total of 121 staff with current training. By building, the number of staff trained are as follows:

Centennial Transition Center	6	Parklane Elementary	13
Rosemary Anderson HS	2	Oliver Elementary	11
Centennial High School	17	Butler Creek Elementary	12
Centennial Park School	9	Pleasant Valley Elementary	7
Centennial Middle School	11	Meadows Elementary	12
Patrick Lynch View	6	Powell Butte Elementary	15

Conclusion

The team reviewed the Centennial School District Physical Restraint and Seclusion Policy and Procedures, examined incident reports and debriefs submitted, and analyzed compiled data on incidents and students looking for patterns or trends of concern for the purpose of determining actions needed. Several patterns/questions emerged as in need of follow up actions, including:

- CSD’s in-district R&S numbers are exactly the same as prior school year; although distributed a bit differently across grade levels.
- The “debriefing” process appears to generating ideas for school teams to support impacted students moving forward.
- Disproportionality within our African American student population continues to be a concern for this team. However, the team feels that this is a broader issue that must be addressed throughout CSD via Equity work.
- Our Structured Skills Classroom at Butler Creek has seen a continued decrease in the use of Physical Restraint and Seclusion (2 Restraints and 0 Seclusions this year).
- There were a few of our elementary schools that had no incidences of restraint and seclusion (BC, PLV) for this school year.

Based on the above items, the team developed an action plan of follow up tasks:

Action Plan:

Task	Target Audience	By Who?	By When?	How?
NVCI training (additional focus on completing ALL prompts on paperwork and only using approved holds)	NVCI staff	Patrick/Michael (NVCI)	2018 SY	Increase time allotted during training to provide guidance on completing forms
Ensure ALL schools are submitting R&S paperwork (<i>continue from 16-17</i>)	ALL schools	Troy	2018 SY	Meet with Admin & SPED teams in bldgs.
Meet with MESD team to discuss support plans and review placement appropriateness for students receiving high number of R&S (<i>continue from 2016-17</i>)	MESD team	Patrick	Fall 2017	IEP mtg and/or regular check-in time
Recognize our Structured Skills staff for their commitment to reduce the use of R&S in their classrooms.	Structured Skills staff	Admin & Troy	Oct. 2018	Specific, in-person feedback acknowledging efforts.